Wear protective eyewear when there is a risk of eye injury (chemical, biological, radiological, and physical hazards).

Note that some spaces or DLCs have more stringent requirements.

Choose the Right Eyewear

**Safety Glasses**
- Basic protection from splashes or flying objects.
- Eyeglass-friendly and prescription options available.

**Goggles**
- Higher protection level for liquids, dust, and vapors.
- Use “indirect vent” goggles for splash protection.

**Face Shield**
- Face protection for flying objects, high-hazard liquids, UV exposure, welding, and cryogenics.
- Wear eye protection underneath.

**Laser Glasses**
- Eye protection for spaces with lasers.
- Different types for different lasers - specific to wavelength and required optical density.
- EHS must approve.

What You Should Do

- Wear eye protection whenever around potential eye hazards, even if the risk seems small.
- Assess new work to determine appropriate PPE and other controls.
- Try on different pairs to find ones that work for your face shape and size.
- Replace cracked or visually obstructed eyewear.
- Disinfect shared eyewear and face shields after use.

Contact your DLC EHS Coordinator with questions and for DLC-specific requirements.

For more information, search for PPE at [https://ehs.mit.edu/](https://ehs.mit.edu/).