As a registered dosimetry user, you may view your individual dosimetry record by following the instructions below:

1. **Open Mozilla Firefox** web browser (there may be display errors with other browsers, such as Google Chrome)

2. **Visit** www.myldr.com
3. **Login** with the following information:
   a. **Username**: RPPstaff_IDR
   b. **Password**: MyDosimeter3477

4. **Click Login** button
   *Contact RPP with any login problems; do not use the login or password retrieval buttons*
5. **Select** Account number **10020** from the drop-down menu
6. **Click Go** button
7. **Refer** to the images on the page for guidance to retrieve your individual dose report.

*Account and Serial numbers are located on the back of the whole body dosimeter. To view, simply detach the dosimeter from the gray badge holder.*